



**What's in This Newsletter:**  
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### A Day in the Life With Palm Beach Equine Clinic's Dr. Peter Heidmann

**6:30 a.m. – 7:30 a.m.: Family Time/Morning Ritual**  
 I like to start my morning with my two boys who are four and six years old. We get up and play a little before breakfast. We then all load into the car to head to school.

**8:00 a.m. – 9:15 a.m.: Hospital Rounds**  
 When I arrive at Palm Beach Equine Clinic, I convene with the hospital staff to discuss the hospitalized patients. There are about 15 horses currently hospitalized with us, though some of them are only here for MRI and bone scans or other outpatient procedures. During rounds, the hospital's patient-care team of veterinarians and technicians make a plan for each patient and debate the best treatment strategies. This is an opportunity to make sure everyone is on the same page with the specific rationale for each treatment plan, and also an opportunity to quiz some of our younger veterinarians on the relevant science.



*Dr. Peter Heidmann is the head of Internal Medicine at Palm Beach Equine Clinic. Photo by Jump Media*

Today, I got into a good conversation with another senior clinician regarding the ideal choice of blood thinners to limit the risk of clotting in a sick patient. Although we did not totally agree, our diverging opinions provided some perspective to the young veterinarians during rounds. Honestly, even without complete consensus on any given topic, this kind of dialogue challenges us to remain abreast of the medical literature, helps us provide articulate and succinct presentations, and ultimately, promotes optimum patient care.



*Get a behind-the-scenes look at a day in Dr. Peter Heidmann's life while working for Palm Beach Equine Clinic. Photo by Jump Media*

We also discussed modifying the treatment strategies for a six-year-old stallion who had colic surgery about 18 hours earlier. He was experiencing the all-too-common problem of "post-operative ileus" where the small intestine was not returning to normal motility as quickly as we would like. We increased the regimen of prokinetic drugs, which are IV medications that can help increase the contractions of that sluggish small intestine. We also discussed the possibility of increasing his hand-walking, which can improve his motility.

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### Get Show Ring Ready With Palm Beach Equine Clinic

When Grand Prix dressage rider Meagan Davis needs to make sure her horses are feeling their best, she turns to Palm Beach Equine Clinic, located in the heart of Wellington, FL. Palm Beach Equine Clinic has invested more than 40 years and the work of talented veterinarians in evolving the most advanced diagnostic imaging, surgical skills, alternative therapies, and overall care of sport horses across varying disciplines.



*Meagan Davis competing with Royale. Photo courtesy of Megan Davis*

Meagan Davis Dressage, based in Loxahatchee, FL, and Stone Ridge, NY, has entrusted Palm Beach Equine Clinic with the care and maintenance of its string of dressage horses for nearly a decade. Drawn to the personalized care provided by Palm Beach Equine Clinic's team of veterinarians, head trainer Davis was immediately comfortable turning to the clinic for the care of her horses.

"Palm Beach Equine Clinic is the premier facility in South Florida," said Davis. "If I am going to have a horse undergo any kind of surgery or maintenance work, I will choose Palm Beach Equine Clinic every time without a doubt."

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### Congratulations to ESP Winners



*Photo by Anne Gittins Photography*

Josephine Nash and Luron S Z, owned by Comfortside Farm, earned the top prize in the \$2,500 NAL Medium Junior/Amateur Jumper Stake presented by Palm Beach Equine Clinic, on Sunday, December 11, 2022, during the ESP Year End Awards show in Wellington, FL. The duo stopped the timers at 33.509 seconds to take home victory.

[View Class Results](#)



*Photo by Anne Gittins Photography*

Mia Bagnato and KBS Major Player, owned by Kennedy Bros Sport Horses, won the Medium Junior/Amateur Jumper Stake presented by Palm Beach Equine Clinic, on Wednesday, December 14, 2022, during the Holiday Festival II show in Wellington, FL. The pair finished with a jump-off time of 43.363 seconds to take the top prize.

[View Class Results](#)



*Photo by Anne Gittins Photography*

Sarah Scheiring and Margriet de Mariposa, owned by Bellwyn Farm LLC, could not be beat in the \$5,000 Palm Beach Equine Clinic 1.45m Grand Prix Qualifier on Thursday, December 15, 2022, during the Holiday Festival II show in Wellington, FL. Scheiring and her mount bested a field of 46 competitors to claim the win with a fast time of 40.769 seconds.

[View Class Results](#)

### Catch Up With PBEC on Instagram



**142 likes**  
**pbequineclinic** After being safely delivered at #PBEC, this little guy is living the good life at home! We love getting photos of our patients even after they leave our clinic ☐☐  
[View All 2 comments](#)

### Palm Beach Equine Clinic Works With AcutePlus



AcutePlus is a veterinary Wellness Membership Plan offered through Palm Beach Equine Clinic. The program is designed to give veterinarian practices a way to create a customized annual plan that they can offer directly to their clients and patients. AcutePlus provides veterinary discounts, equine protection, and equine loss protection.

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